**USA COUNTS THE CALORIES**

1. Describe the way Americans eat. What are problems?

*35 % are overweight, illnesses (cancer, heart disease, stroke, diabetes), they don’t know what is in fast food, they don’t know what they are eating, cost for US economy*

1. Obama’s health care plan – What should happen?

*laws to give Americans a chance to make healthy choices, calorie information on menus in fast food chains 🡪 change in eating habits*

1. Government and food corporations – Why can problems come up?

*government should not spoil the fun of eating*

*Americans think they have a right to eat what they want*

*government helps corn farmer, not fruit and vegetable farmers*

*unhealthy food is much cheaper*

*food corporations spend much money on advertising products of sugar and fat*

*tax on unhealthy food*

1. What do cities do to solve the eating problem?

*Healthy food campaigns, new school dinner plans, fruits, fish and vegetables*